

[illegible]

Green - Complete during flight

Altimeter Setting	Cruising Altitude	Pressure Altitude	OAT	Taxi & Takeoff		
				Pattern		
				Total		
				Reserve	+1:00	
				Total + Reserve		
MEF + 1000	MT	Cruising Altitude				
			TAS _____ CAS _____			

M.E.A.	R.P.M.
ALT	I.A.S.

Mag.
Hdg:

HOBBS Start:	Time Up:
HOBBS Stop:	Time Down:

Comp.
Hdg:

Airport information: Layout, NOTAMS, etc.

Elevation: _____

Identifier: _____

Freq.	
ATIS:	ATIS:
ATF:	ATF:
MF:	MF:
GND:	GND:
TWR:	TWR:
CTR:	CTR:
FSS:	FSS:
En Route:	En Route:
VOR:	VOR:

In air checklist	
☐	Power/IAS Check
☐	Lean Mixture
☐	Set HI
☐	Radio
☐	Turn on Course
☐	Time at S.T.P.
☐	Dept Angle Check

Check Point	ETE	Time Over	Distance	Ground Speed	Dist. to go	ETE Dest.	ETA Dest.
	ETA		Time				
SHP							
1							
2							
3							
4							
5							

Non-planned events: (Diversions)

Time	Hdg	Remarks	FUEL	ETE	ETA

Name: _____

Aircraft: _____

Preflight ☐ Daily Flight Log Filled Out

☐ Flight Itinerary Board Filled Out

Inspection: ☐ PIF Complete

☐ Documents in Aircraft

☐ Pilot Documents

☐ File Flight Plan

Snag: _____

Deferred Defect: _____

Hours to Next Inspection: _____

Out of Phase Items: _____

Oil: _____ Fuel: _____

Weight and Balance: In limits ☐

Take-off Weight: _____



**ANNAPOLIS VALLEY
FLIGHT TRAINING CENTRE INC**

Weather @ Departure:

Notams:

Winds: _____ Temp: _____ Altimeter Setting: _____ (Notes fm METAR and TAF)

Head wind

Cross Wind

Pressure Alt

Active Runway

Take-off Dist

Take-Off Dist 50'

Weather @ Arrival:

Notams:

Winds: _____ Temp: _____ Altimeter Setting: _____ (Notes fm METAR and TAF)

Head wind

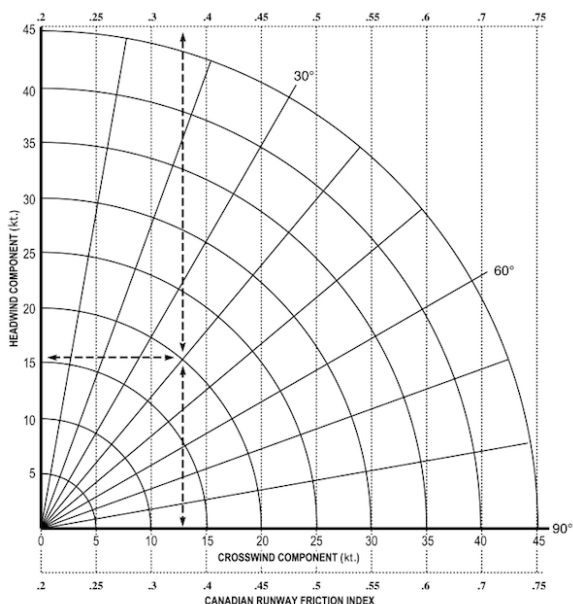
Cross Wind

Pressure Alt

Active Runway

Landing Dist

Landing Dist 50'



Pressure Altitude Calculation:

29.92 Std. Pressure

- _____ Altimeter Setting Planned Alt Pressure Alt

= _____ x 1000 = _____ + _____ = _____

VFR Cruising Altitudes

Example

4,500
6,500
8,500

VFR
Even
1000's
+500'

Example

3,500
5,500
7,500

VFR
Odd
1000's
+500'

Magnetic Track
Above 3000' AGL

Updated: MA26SEPT2023

